Instructions for 1311 Weight Activated Brake Knee







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1 Description and purpose

Prosthetist instructions.

- •1311 knee is for lower limb prosthesis.
- Recommended for K1, K2.
- •Designed for low activity patient.
- Weight limit for a user is up to 100kg / 220lbs
- •Ability to get knee in full extension as part of rehabilitation process.
- •Suitable for amputees with lower functional levels who desire to avoid using a manual locking knee.
- Not recommended for amputees with higher functional levels.
- •The knee is suited for transfemoral amputees who require a high degree of stability.

Contra-indications

- •Residual muscular weakness, contractures or proprioceptive dysfunction including poor balance.
- Contra lateral joint instabilities or pathology
- Complicated conditions involving multiple disabilities
- Lack ability to adequately clear prosthetic side during swing



Ensure the end user has understood any Instructions for use, especially to the safety information.



Product Code

L1311

Weight Activated Brake Knee

2. Construction

Principal Parts 1311S / 1311T

Frame Stainless Steel, Steel, Brass, Plastic /

Titanium, Steel, Brass, Plastic

No.	Description
NO.	Description Upper Joint Section with
1	Pyramid
2	,
3	Lower Joint Section
_	Swing Block
4	Knee Axis
5	Swing Axis
6	Pressure Block
7	M6x12 Set Screw
8	Plastic Block
9	Compression Spring
10	Plastic Guide Pin
11	Stance Control Adjustment
	Screw
12	Extension Stop
13	Bumper
14	M4x6 Cap Screw
15	Brake Bushing
16	Busing Safety Device
17	Axis Screw
18	Brass Washer
19	External Lock Ring
20	Extension Assist Cable
21	Distal Anchor Shell
22	Adjustment Ring
23	M8x25 Adjustment Screw
24	Compression Spring
25	Flexible Plastic Cover
26	Brass Washer
27	Extension Stop
28	M6x20 Cap Screw (not
	illustrated)



3 Function

- •The 1311 is a single axis mechanical knee with weight activated locking feature.
- Pyramid mounting option
- •Adjustable Spring Extension Assist with mounting cable, attachment block, cover
- •Knee is not intended for walking without extension assist

4 Safety Information



The Caution symbol highlights safety information which must be followed carefully.



Be aware of finger trap hazard at all times



Any changes in performance of the knee e.g. inability to activate lock feature of knee with weight activation, unusual noise, lack of smooth operation, or any change in how the knee functions should be immediately reported to the Clinician / Practitioner



Any excessive changes in heel height may adversely affect the ability to lock the knee, and the stability of the prosthesis



The user should be advised to contact their Clinician / Practitioner if their condition changes.

5 Maintenance

- •Maintenance must be carried out by qualified personnel.
- •Bi-Annual inspection to be sure brake function is satisfactory is recommended.
- •Check for visual defects that may affect proper function.
- •A loaner system is available should servicing be required.

The wearer should be advised:

Any changes in performance of this device must be reported to the Clinician / Practitioner.

Changes in performance may include:

- Inability to lock during weight activation
- Any unusual noises

Cleaning:

- •Use a damp cloth and mild soap to clean the outside surfaces.
- •DO NOT use aggressive cleaning agents.
- •DO NOT use any petroleum lubrication on pivots or brake mechanism as this will void the warranty and render the brake mechanism non-functional.
- •If the limb/knee comes into contact with salt or chlorinated water, it should be rinsed with fresh water and dried.

6 Limitations on use

Intended Life:

- •Service life of the product is covered by the warranty period (1 year)
- •This product is recommended for use with other ST&G Products.

Lifting Loads:

Amputee weight and activity is governed by the stated limits.

Combined amputee, and carrying load, should not be at, or exceed stated weight limit.

Environment:

Avoid abrasive environments such as those containing sand for example as these may promote premature wear. Avoid contact with talcum powder.

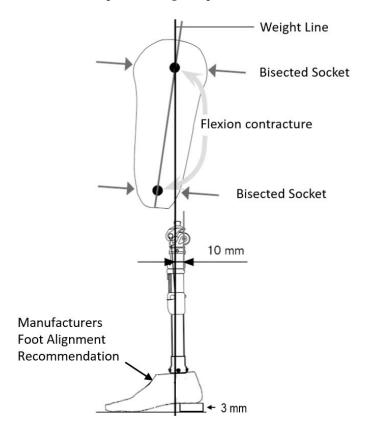
Operating and Storage Temperature Range:

Exclusively for use between temperatures of -10°C to 50°C [14°F and 122°F]

7 Alignment and Set-Up



Users be aware of potential finger trap hazard



Note: The 1311 is a single axis knee with weight activated brake feature. This knee is not intended for variable cadence, high activity wearer, or without spring extension assist.

BENCH ALIGNMENT:

- a) With prosthesis assembled, taking into account hip flexion contractures, abduction, Line Of Progression, and toe out, the TKA plumb line should pass 10mm anterior to the knee center. Take into account shoe heel height, and add 3mm safety factor.
- b) It is advised to follow up in 1-2 weeks to reassess the alignment.
- c) The weight line should pass through the centerline of the knee in the Coronal or M/L plane. Excessive outset or inset will put undue stress on the knee joint.



Set the bench alignment taking into account the heel height of associated footwear plus 3mm safety factor!

8 Adjusting Swing and Stance Phase

IMPORTANT! The knee must be adjusted to the individual needs of each patient.

NOTE: Swing Phase and Stance Phase are individually adjusted through the degree of adjustable spring extension assist force and friction (Swing) and the adjusted braking action which is dependent upon weight bearing (Stance).

Extension Assist Assembly: Extension assist is attached to the knee by hooking the loop of the cable to the anterior pivot axis of the knee. -(Fig. 1)



Swing Phase with Extension Assist: Adjust the spring tension by turning the screw with a 4mm hex wrench on the adjustment ring.

Screw rotation:

Clockwise = increased spring tension Anti-clockwise = reduced spring tension (Applying dry graphite lubricant on the spring will prevent possible noise. Using a liquid lubricant can attract dust which can cause noise to develop)



Adjusting Swing and Stance Phase...Continued

Swing Phase Speed Friction Adjustment:
Knee movement resistance between the knee axis and the brake bushing is adjusted with the set screw in the posterior section of the knee using 3mm hex wrench. (Fig. 3)
Set Screw Rotation:
Clockwise = increase friction
Anti-clockwise = reduce friction
Adjustments as little as 15 to 20 degrees provide a perceptible change.

IMPORTANT: If the friction setting is too loose, it will lead to play and malfunction of the knee. If the friction setting is too tight, the knee can brake even without weight bearing, or by just flexing an unweighted knee!



Stance Control/Brake Adjustment:

Clockwise = brake is less responsive Anti-clockwise = brake is more responsive



9 Technical Specification

•Operating & Storage Temperature Range:

•Weight: 1311T/1311S

Recommended Activity:

•Maximum User Weight:

•Maximum flexion angle:

Proximal Alignment attachment:

Distal Alignment attachment:

•Extension Assist:

•Build Height:

Materials: Titanium, Steel, Brass, Plastic
 Stainless Steel, Steel, Brass, Plastic

-10°C to 50°C (14°F to 122°F)

362g/532g (lbs oz)

K1, K2

120g (220lbs)

150 degrees

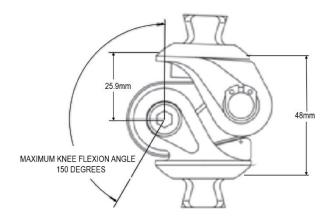
Male Pyramid

Male Pyramid

Adjustable Spring Extension Assist

48mm

Key Dimensions:



10 Warranty

Warranted for 1 year from the date of invoice by ST&G.

The user should be aware that changes or modifications not approved will void the warranty.

11 Liability

The manufacturer recommends using the device only under the specified conditions and for the intended purposes. The device must be maintained according to the instructions for use supplied with the device. The manufacturer is not liable for damage caused by the component combinations that were not authorized by the manufacturer.

CE Conformity

This product meets the requirements of 93/42/EEC guidelines for medical products. This product has been classified as a class I product according to the classification criteria outlined in appendix IX of the guidelines. Please keep this manual in safe place for future use.





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